



How to Use a Condom

Photocopy this page and cut apart the ten cards. Place the cards in an envelope and have groups of students put them in the correct order for effective condom use.

Go to the store or health clinic and buy condoms. Make sure you check the expiration date on the box! The most common kind of condom is made out of latex. But if you or your partner is allergic to latex, you can also get condoms made out of polyurethane or polyisoprene.	Leave a half-inch space at the tip of the condom to collect semen.
Properly store the condom. Keep them away from heat and light.	Hold the tip of condom and unroll until penis is completely covered. If the condom doesn't unroll easily - it is probably upside down. If it is upside down, then remove the condom, throw it away, and try again using new condom.
When you are ready to have sex, check the expiration date on the individual condom packet.	After ejaculation, while the penis is still erect, hold condom at base of penis and carefully remove the condom without spilling any semen.
Once the penis is erect, open condom package with your fingers. Don't use your teeth, or any sharp object, because you might accidentally break the condom.	Wrap the condom in tissue, or tie it in a knot and throw it away. (Don't flush the condom down toilet.)
Squeeze the tip of condom with your fingers and place the rolled condom on head of penis.	Use a NEW condom for every act of vaginal, oral, and anal intercourse.